

Draft New Zealand Standard for Deep Fried Chips Food Service & Hospitality Sectors

CHIP SIZE	Use thick straight cut chips of at least 13 mm.
COOKING	Use a digital thermometer to check the accuracy of the oil temperature. Cook chips at a temperature of 175℃ for between 3 – 4 minutes for final fry.
DRAINAGE	Bang or shake the basket vigorously twice and hang for at least 20 seconds.
FRYING MEDIUM MAINTENANCE	 Maintain frying medium in good quality Keep fryer topped up with fresh frying medium. Filter frying medium daily. Cool frying medium and cover fryers when not in use.
FRYING MEDIUM	 Test and discard frying medium when it shows signs of degradation (breakdown). Use a frying medium that meets the following criteria: Saturated fat equal to, or less than, 28% Trans fat equal to, or less than, 1%
	The frying mediums that may meet these recommendations include: high-oleic sunflower oil, high-oleic low-linolenic canola oil, rice bran oil, cottonseed oil, canola oil and some blends.
SALT	Use salt sparingly if seasoning chips.
TRAINING & EDUCATION	Adopt best practice frying training for staff e.g. Chip Group Online Training <u>www.thechipgroup.co.nz</u> , or NZQA frying unit standards.

IMPORTANT: All premises involved in the production of takeaway chips must comply with existing regulations, e.g., Food Hygiene Regulations 1974, Food Act 1981, Health & Safety in Employment Act 1992, and any subsequent amendments.