

## Draft New Zealand Standard for Deep Fried Chips Food Service & Hospitality Sectors

CHIP SIZE	Use thick straight cut chips of <b>at least 13 mm.</b>
COOKING	Use a <b>digital thermometer</b> to check the accuracy of the oil temperature. Cook chips at a temperature of <b>175℃</b> for between <b>3 – 4 minutes</b> for final fry.
DRAINAGE	Bang or shake the basket vigorously twice and hang for at least 20 seconds.
FRYING MEDIUM MAINTENANCE	<ul> <li>Maintain frying medium in good quality</li> <li>Keep fryer topped up with fresh frying medium.</li> <li>Filter frying medium daily.</li> <li>Cool frying medium and cover fryers when not in use.</li> </ul>
FRYING MEDIUM	<ul> <li>Test and discard frying medium when it shows signs of degradation (breakdown).</li> <li>Use a frying medium that meets the following criteria: <ul> <li>Saturated fat equal to, or less than, 28%</li> <li>Trans fat equal to, or less than, 1%</li> </ul> </li> </ul>
	The frying mediums that may meet these recommendations include: high-oleic sunflower oil, high-oleic low-linolenic canola oil, rice bran oil, cottonseed oil, canola oil and some blends.
SALT	Use salt <b>sparingly</b> if seasoning chips.
TRAINING & EDUCATION	Adopt <b>best practice frying training</b> for staff e.g. Chip Group Online Training <u>www.thechipgroup.co.nz</u> , or NZQA frying unit standards.

**IMPORTANT:** All premises involved in the production of takeaway chips must comply with existing regulations, e.g., Food Hygiene Regulations 1974, Food Act 1981, Health & Safety in Employment Act 1992, and any subsequent amendments.